



# Does your school have Access 4 All?

Here's a sample of some of our programs...

## Preschool

When Katie is speaking to preschool kids, she keeps her programs fun, fast and very educational. She uses her children's book *Aunt Katie's Visit* with children to educate them about people with disabilities and how to be a good citizen.

### Katie shares

- \* Her assistive technology that allows her to eat, write and put on her own lipstick
- \* How her wheelchair works
- \* Her van and how the lift on the side of her van is like an outdoor elevator
- \* The importance of using a seatbelt

Katie loves working with this age and can keep the kids settled for about 25 minutes! That's pretty good for 3-5 year olds!

## Elementary School

### Disabilities and Success

Katie has learning disabilities and was often teased about them. But that didn't stop her from becoming an author. An auto accident left her paralyzed from the chest down at the age of twenty-five. But life goes on.

### Respecting Differences

Katie teaches children how to appreciate people who are different. What would the world be like if we looked, talked and did everything in the same way? We would be bored for sure! Learning about others is a way to appreciate everyone.

### How to Assist a Person with a Disability

Katie shares her assistive technology that helps her maintain her independence. She shares tips and secrets to make life the best that it can be. Katie gives her personal perspective and allows plenty of time for questions and answers.



open a door...  
open a mind

## Middle School

### Comparing Your Self to Others – It's All in Your Head

Are you constantly comparing yourself to others and thinking you don't measure up? Are you depressed over what you don't have? Are you angry a lot of the time? Katie used to answer "Yes" to those questions. Now she answers, "No" and her life as a woman on wheels has gotten much better.

### Disabilities Can Be Opportunities

Katie has learning disabilities and was often teased about them. But that didn't stop her from becoming an author. An auto accident left her paralyzed from the chest down at the age of twenty-five. But life goes on. All of her life, Katie has had to learn how to ask for help and ask in a way she was going to get it. She will share her personal journey using her sense of humor as a survival technique.

### Change Takes Time

Katie shares her self-produced DVD montage of pictures set to music, depicting her life before, during and after six months of rehabilitation. Quality doesn't improve overnight. Change that makes a difference, takes time to make it stronger.

## High Schools

### Relating to Others: Friendships are Crucial

After an auto accident, Katie quickly learned what having a true friend meant. Some folks couldn't accept her. But that opened the door to new and better relationships.

## A Process for Change

Katie shares her life's journey in an entertaining and personal way. Katie has a disability and her paralysis has given her many gifts, including a great job educating her community and it brought true love into her life. Not every day is wonderful but Katie has developed coping mechanisms to see her through the days that challenge her.

## Finding Beauty in the Bad

Challenges are a part of all our lives. The trick is to turn what you perceive to be a detriment into an asset. You can truly gain from your losses.

## University, Colleges & Continuing Education

Access-4-All, Inc. programs are ideal for students in Nursing, Education, Social Work, Physical and Occupational Therapy, Communications and Allied Health

## Suffering is a Judgement, Happiness is a Choice

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## Why Things Happen the Way They Do

There are universal laws that influence our lives. There are ways to make healthy decisions and have a great life. The key is understanding change. This fun and interactive presentation will help you open your eyes to see all of life's possibilities.

## The Business of Caregiving – Creating Healthy Working Relationships

Maintaining a caregiving relationship isn't easy. The person in need, or the person managing another's care, should be accepting and know what needs to be done. The person providing the care should be sincere and dedicated to assisting his or her clients. This program can help those who are a part of this unique work setting.

## An Intimate Self-Disclosure

People with disabilities are often looked at as asexual—genderless and androgynous. Katie shares a theater piece dispelling such nonsense. A frank and open discussion will address self image, and your questions on this taboo subject. Don't be embarrassed. We all think about it.

