

Most of humanity lives in the third dimension. But if you dream, you can not deny the existence of another dimension. Below is a listing of dimensions in the book *Alchemy of 9 Dimensions* by Barbara Hand Clow.

What is important to remember is that you are never alone. There is much going on beyond our physical world. There are angels, spirit guides and people who have passed on helping you every day. Hey— even Oprah believe in angels! My advice? Learn how to communicate with other dimensions. You can do this by meditating, working with a spiritual healer, and other resources listed under our **Metaphysical/Healing Website** page.

Have fun with this and approach the adventure with love and not fear.

Dimensions

- 1 Iron Core Crystal in the Earth
- 2 Elementals – Deep Hot Biosphere – Telluric Realm
- 3 Humanity – Linear Time and Space
- 4 Collective Mind – Thoughts, Feelings, Emotions, Perceived Experiences
Annunaki
- 5 Mental Body – Love and Creativity – Pleiades
- 6 Spiritual Body – Sacred Geometry
- 7 Galactic Highway of Light
- 8 The Divine Mind
- 9 The Source – Center of the Milky Way – A Black Hole